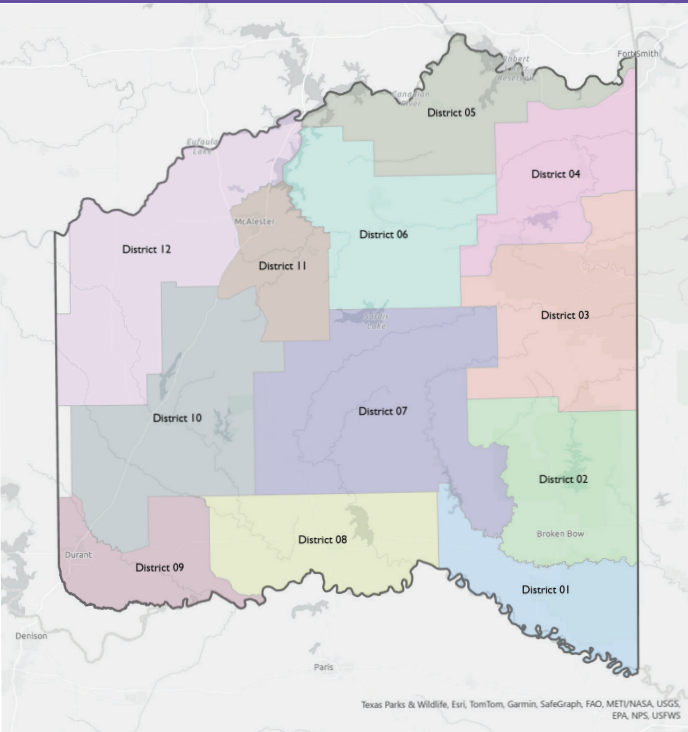


CHOCTAW NATION OF OKLAHOMA

◆ DISTRICT MAP ◆



MISSION STATEMENT

To improve self-care and independence among our tribal elders, who deserve optimal health and wellness, through coordination of elder services.



Choctaw Nation

Health Services

CONTACT US

1803 CHUKKA HINA

DURANT, OK 74701

539.316.3849

HEALTHYAGING@CNHSA.COM

FAITH ◆ FAMILY ◆ CULTURE

HELPING GRANDPARENTS RAISING GRANDCHILDREN





RESPITE

Respite care is care provided to grandparents so they may have a break. Respite care can be provided in the home or outside the home.

The program provides a voucher to be used over a three-month period. Funds may also be used for other activities to give the grandparent a break.

WHO'S WHO?

- **Caregiver** - the grandparent providing for the child/children
- **Care recipient** - child/children up to age 18
- **Respite care provider** - the person chosen by you to provide care and who is paid by a voucher through the caregiver

ELIGIBILITY

- Caregiver and/or child must have a CDIB.
- Parent of the child cannot live in the home.
- Respite provider may be a family, a friend or anyone else who does not live in the home.
- Live within the boundaries of the Choctaw Nation.

RESPITE APPLICATION

Email the name of the caregiver, care recipient, phone number and address to healthyaging@cnhsa.com. This will begin the respite application process. There is additional paperwork that will be mailed and will need to be filled out and sent back.

Note: This does not guarantee qualification for the program. All caregivers need to speak with a representative to ensure they qualify.

COORDINATION OF SERVICES

The program will enable grandparents to increase their awareness and to gain access to the services which can improve their quality of life. Therefore, the program will coordinate activities with tribal, local and community agencies.

CAREGIVER SUPPORT SERVICES

Healthy Aging Grandparents Raising Grandchildren can assist with obtaining access to:

- Transportation needs
- School supplies
- Cultural activities
- Beading supplies
- Gardening supplies
- Clothing
- Day trips to museums or camps
- School events
- Fishing supplies
- Legal services
- Daycare
- Other necessary resources

